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Forncett C.E.V.A. Primary School

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5th January 2017

Dear Parents and Carers,

Re: The NSPCC PANTS rule week.

From Tuesday 9th next week, all teachers in school will be talking about and teaching the NSPCC's PANTS rules in our PSHE (personal, social and health education) lessons. During these discussions we will aim to teach all the children (at an age-appropriate level) the following important safety skills without giving explicit information or telling scary stories.

We will be teaching the children how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

PANTS stands for: • **P**rivates are private. • **A**lways remember your body belongs to you. • **N**o means no. • **T**alk about secrets that upset you. • **S**peak up, someone can help.

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words. We will all be watching and learning to sing the PANTS Rule song which is sung by a fun online cartoon character called Pantosaurus.

The lessons will also include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

The Norfolk Children's Safeguarding Board (NSCB) wrote to all Norfolk Headteachers in December 2017 to ask us to ensure we deliver this valuable lesson to all our children as soon as possible. Staff had already seen the PANTS materials and planned to use them this year so it seemed appropriate to do so as soon as possible.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with us at Forncett, more information can be found at [nspcc.org.uk/pants](https://www.nspcc.org.uk/pants)

I am enclosing/attaching the parent and carer guide to PANTS and we hope that this helps explain things to you so you know what your child will be learning about in school and can reinforce the message in a simple way at home too.

If you have any questions or concerns, please don't hesitate to get in touch with me (Mrs Jones). I am the school's DSL (designated safeguarding lead) and PSHE leader. You can also speak to your child's teacher or to Mrs Creasey who is our alternate designated safeguarding lead and covers the school safeguarding leader role in my absence.

Best wishes,

J Jones

Judith Jones
Headteacher